



Great Full Breakfast

Served until 11:30 M-F, Noon on Saturday, All Day Sunday

Benedicts

All Benedicts Served with Organic Potatoes

Liege Benedict 14.5

Liège Waffle | Two Organic Eggs Over Easy | Daily's Uncured Natural Bacon | Hollandaise

Wild Salmon Benedict 19.25

Wild Alaskan Sockeye Salmon | Two Organic Eggs Over Easy | English Muffin | Wasabi Dressing | Hollandaise

Seared Ahi Benedict 18.25

Seared Wild Caught Ahi Tuna | Two Organic Eggs Over Easy | English Muffin | Wasabi Dressing | Hollandaise

Crabcake Benedict 19.25

Jumbo Lump Maryland Style Crab Cakes | Two Organic Eggs Over Easy | English Muffin | Hollandaise | Jalapeno Aioli

Great Full Benedict 15

Two Organic Eggs Over Easy | Daily's Natural Uncured Ham | English Muffin | Hollandaise

Heirloom Tomato Benedict 14

Two Organic Eggs Over Easy | Thick Sliced Heirloom Tomato | English Muffin | Pesto Hollandaise | Fresh Basil

Veggie Benedict 14

Two Organic Eggs Over Easy | Spinach | Avocado | Tomato | English Muffin | Pesto Hollandaise

Your Creation Frittata

Your Creation Frittata 14.5

Three Organic Eggs, Frittata Style | Choose One Protein, Three Vegetables & One Cheese | Served with Organic Potatoes & Toast

CHOOSE 1:

Ham
Sausage
Bacon
Turkey
Vegan Sausage
Smoked Tempeh

CHOOSE UP TO 3:

Broccoli
Mushroom
Spinach
Veghead Medley
Onions
Roasted Red Peppers
Tomatoes

CHOOSE 1:

Provolone
Cheddar
Havarti
Mozzarella
Pepperjack
Vegan Cheese

Great Full Favorites

Pana-cake – yes Pan-A-Cake! 9.5

Birch Bender's GF/PALEO or Vegan Available Three Cakes | Chopped Apples & Banana | served with Real Organic Maple Syrup

Connie's Famous Fruit Omelet 13.5

Three Organic Eggs folded over a Fruit Compote of Bananas, Strawberries, & Blueberries | Cream Cheese | Cinnamon | Organic Potatoes & Truckee Sourdough Co. Toast

Eggs & Organic Potatoes 8.5

Two Organic Eggs | Served with Organic Potatoes | Truckee Sourdough Co. Toast Add Daily's Uncured Bacon, Sausage or Ham for \$3

Garden Breakfast (*GF Available) 12

House Made Organic Hummus, Avocado, Spinach, & Local Pea Shoots on Truckee Multigrain Toast, topped with a Sunnyside Up Organic Egg | Lemon Oil | Side of Sautéed Vegetables Substitute V/GF/Paleo Onion bread for \$2

Paleo Breakfast Bowl 16.5

Two Eggs Scrambled | Choice of Meat | Sautéed Kale | Cabbage | Broccoli | Mushrooms | Red Onion | Sautéed in Coconut Oil | Salsa

Great Full Favorites, Cont'd

Great Full Breakfast Sandwich 15

Two Organic Eggs | Turkey | Spinach | Avocado | Tomato | Cheddar Cheese | Garlic Aioli | Served with Organic Potatoes | Choice of Bread

Chilaquiles Verde 15

House Made Organic Corn Tortilla Chips | Salsa Verde | Queso Fresco | Two Organic Eggs | White Bean Dip | Avocado | Lettuce | Cilantro | Sour Cream | Onion | Pico de Gallo

Huevos Pupusa 13.75

Two Organic Eggs Over Easy | Green Chili & Queso Blanco Stuffed Pupusa | Avocado | Organic Black Beans | Salsa | Sour Cream | Served with Organic Potatoes

Breakfast Burrito 9

Scrambled Eggs | Choice of Meat | Organic Potatoes | Organic Black Beans | Mozzarella | Organic Tortilla Wrap | Salsa

Juli's Breakfast Tacos 10

(GF) Two Organic Corn Tortillas | Scrambled Eggs | Avocado | Salsa | Served with Organic Potatoes & Spring Mix

Plant Based Breakfast

VEGAN Vegan Hash 10.25

Organic Potatoes | Soyriso | Broccoli | Spinach | Red Onion

VEGAN Vegan Scramble Wrap 9.5

Organic Tofu Scramble | Organic Potatoes | Organic Black Beans | Salsa | Vegan Cheese | Organic Tortilla Wrap

VEGAN Juli's Breakfast Sauté 12.75

Organic Brown Rice | Spinach | Cabbage | Broccoli | White Beans | Avocado | Cucumber | Cilantro | Lemon Oil

VEGAN Pesto Tofu Scramble 9

Pesto Seasoned Organic Tofu | Organic Potatoes | Truckee Sourdough Co. Toast Add Organic Smoked Tempeh "Bacon" or Vegan Sausage for 3.00

VEGAN Avocado Toast 10.25

Truckee Multigrain Ciabatta | Avocado | Radish | Tomato | Local Pea Shoots | Lemon Oil

Other Breakfast Treats

Powered Up Oatmeal 8

Organic Oatmeal | Raisins | Almonds | Cinnamon | Brown Sugar | Choice of Milk

Hemp Hemp Hooray! 9

Organic Raw Hemp Seeds | Seasonal Fresh Fruit | Slivered Almonds | Almond Milk A True Superfood Breakfast!

A La Carte's and Sides

One Organic Egg 2

Two Organic Eggs 3

Daily's Uncured Natural Bacon or Sausage 3

Pesto Tofu Scramble 2.5

Heirloom Tomatoes 3

(*STA)

Sliced Avocado 2

House Made Organic Hummus 3.5

Mixed Veggie Sauté 3

Organic Smoked Tempeh "Bacon" or Vegan Sausage 3.25

Truckee Sourdough Co. Toast- 2 Slices 2.25

House Fermented Organic Sauerkraut 3.25